



ALLERGEN CHART - PITA PIT

Revision date: 11/01/2025

Approved by: FSQA Manager

IF YOU HAVE FOOD ALLERGY CONCERNs, PLEASE NOTIFY PITA PIT STAFF BEFORE PLACING ORDER

INFORMATION SOURCES & ALLERGY NOTE:

The information in these charts is based on product information provided by PITA PIT® approved food suppliers. Every reasonable effort is made to keep this information current; however, it is possible that ingredient changes and substitutions may occur without our knowledge, or consent before these charts can be updated. Accordingly, no warranty is expressed or implied regarding its accuracy. Specific promotional and regional items are not included as ingredients vary.

If you have food allergy, please be aware that PITA PIT® products may contain, or have come into contact with, peanuts, nuts or other possible allergens.

PITA PIT® is a restaurant environment serving whole and prepared foods that are not in sealed packages. Therefore, we unfortunately cannot guarantee a 100% allergy-free environment.

Menu Items	Allergens									Contains	MC	May contain
	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	Crustaceans	Mollusks	Sesame	Mustard	Sulfites
CREATED FOR YOU - PITA												
C4U Ancho Chicken Pita	✓	✓	✓								✓	✓
C4U Cordon Bleu Pita	✓	✓	✓	✓							✓	
C4U Chicken Crave 2.0 Pita	✓	✓										
C4U Fiesta Steak Pita	✓	✓	✓	✓						✓	MC	
C4U Halloumi & Falafel Pita	✓	✓								✓		✓
C4U Halloumi Bacon Pita	✓	✓	✓	✓						✓	MC	
C4U Sweet Heat Pita	✓	✓	✓	✓						MC	MC	
C4U Jalapeno Club Pita	✓	✓	✓							✓	MC	
C4U Lemon Pepper Chicken Pita	✓	✓								✓		
C4U Mighty Caesar Pita	✓	✓	✓	✓				✓		✓	✓	
C4U BBQ Brisket Pita	✓	✓	✓	✓						✓	✓	✓
C4U Southwest Baja Pita	✓	✓	✓	✓							✓	
C4U Spicy Buffalo Caesar Pita	✓	✓	✓	✓				✓		✓	✓	
C4U Spicy Greek Pita	✓	✓	MC	✓						✓	✓	
C4U Veg Cheeseburger Pita	✓	✓	✓	✓						✓	✓	
C4U West Coast Club Pita	✓	✓	✓	MC						✓	✓	
C4U Zesty Chicken /Bacon Pita	✓	✓	✓	✓				✓		✓	✓	
C4U Chicken Bruschetta Pita	✓	✓	✓	✓						✓	✓	
C4U Balsamic Bacon Pita	✓	✓		✓							✓	
C4U BBQ Bacon Cheeseburger Pita	✓	✓	✓	✓						✓	✓	
CREATED FOR YOU - SALAD BOWL												
C4U Ancho Chicken Salad		✓	✓								✓	✓
C4U Cordon Bleu Salad	MC	✓	✓	✓							✓	
C4U Chicken Crave Salad		✓										
C4U Fiesta Steak Salad	MC	✓	✓	✓							✓	MC
C4U Halloumi & Falafel Salad		✓								✓		✓
C4U Halloumi & Bacon Salad	MC	✓	✓	✓						✓	MC	
C4U Sweet Heat Salad		✓	✓	✓						MC	MC	
C4U Jalapeno Club Salad		✓	✓							✓	MC	

Hot Sauce									
Ketchup									
Lemon Za'atar									✓
Light Mayonnaise	✓	✓							
Mustard									✓
Ranch	✓	✓	✓						
Smoky BBQ									✓
Spicy Mayo		✓	✓						✓
Spicy Thai									
Teriyaki	✓			✓					✓
Tzatziki		✓							
SEASONING									
Seasoning Tex Mex									
Seasoning Garlic Plus									
Seasoning Greek									✓
Seasoning Cajun									
Seasoning Chipotle Mango									
Seasoning Caribbean Jerk									
Salt									
Pepper									
SNAKCS (Sauce not included)									
Falafel									
Pita Chips	✓								
Buffalo Bites	✓			✓					
Halloumi Sticks (Halal)		✓							MC
Pita Twist - Pepperoni	✓	✓							✓
Pita Twist - Cheesy Garlic	✓	✓							
COOKIES									
Cookie Peanut Butter	✓	✓	✓	✓	✓	MC			
Cookie Macadamia Nut	✓	✓	✓	✓	MC	✓			
Cookie Double Chocolate	✓	✓	✓	✓	MC	MC			
Cookie Oatmeal Raison	✓	✓	✓	✓	MC	MC			
Cookie Carnival	✓	✓	✓	✓	MC	MC			
Cookie Chocolate Chip	✓	✓	✓	✓	MC	MC			
SMOOTHIES									
Berry Bliss		✓							
Sunset paradise		✓							
Chocolate Banana		✓							
Strawberry & Banana		✓							
Whey Protein (Scoop)		✓		✓					
BUILD YOUR OWN DESSERT									
Low Fat Vanilla Yogurt (Base)		✓							
Crushed KitKat	✓	✓		✓					
Crushed Smarties	✓	✓		✓					
Cookie Crumble	✓			✓					
Cheesecake bites	✓	✓	✓	✓	MC				
JUST FRUIT DESSERT									
Mango Frozen Dessert		✓							
Strawberry Frozen Dessert		✓							

Raspberry Frozen Dessert		✓							
Peach Frozen Dessert		✓							
Blueberry Frozen Dessert		✓							
Pineapple Frozen Dessert		✓							
Banana Frozen Dessert		✓							