



DRINKS (10) 0-220 CALS/EACH
CHIPS (10) 200-280 CALS/EACH
COOKIES (20) 160-175 CALS/EACH

*Selection varies by location.

EXTRAS

GYRO 650 CALS
TURKEY 430 CALS
HAM 420 CALS
BACON 490 CALS
DELI CLUB Turkey & Bacon 620 CALS

DELI

CHICKEN 460 CALS
BUFFALO CHICKEN 520 CALS
DELI CLUB Turkey & Bacon 550 CALS
STEAK 440 CALS
BACON 490 CALS

MEAT LOVERS

CHICKEN CAESAR with Bacon 530 CALS
CHICKEN GRAVE with Ham 470 CALS
BUFFALO CHICKEN 580 CALS
THAI CHICKEN 440 CALS
STEAK 500 CALS

PETE'S SIGNATURE

PLATTERS

CHOOSE FROM OUR PLATTERS OR BUILD YOUR OWN! EACH PLATTER COMES WITH 10 PITAS CUT INTO HALVES.

CATERING

NOT A MEMBER?

DOWNLOAD
THE APP

Get \$5 OFF your next order!



TAKEOUT & CATERING MENU



Pita Pit®

TAKEOUT

CREATED BY YOU

1 BASE

PITA

SMALL | 150 Cals

REGULAR | 190 Cals

XL | 250 Cals

SALAD OR RICE BOWL

SMALL | 15–130 Cals

REGULAR | 30–270 Cals

2 PROTEIN

CHICKEN | 100 CALS

CHICKEN SOUVLAKI | 100 CALS

BUFFALO CHICKEN | 180 CALS

SOUTHWEST CHICKEN | 190 CALS

GYRO | 300 CALS

FALAFEL | 190 CALS

BLACK BEAN | 200 CALS

CHICKEN CAESAR | 190 CALS
with Bacon

CHICKEN SHAWARMA | 150 CALS

BEEF SHAWARMA | 145 CALS

SOUTHWEST STEAK | 210 CALS

PHILLY STEAK | 120 CALS

HALLOUMI | 280 CALS

*Protein calories are based on a regular-size portion.

DOUBLE THE MEAT | 100–300 CALS

3 COMBO

Add a bottled drink & chips or cookies to your pita, salad or rice bowl



Miss Vickie's Sea Salt & Malt Vinegar 210 Cals Cookies (2) 320–350 Cals
Coca-Cola Zero Sugar 0 Cals Red Bull Energy Drink 110 Cals

KIDS' MEALS AVAILABLE

CREATED FOR YOU

CRISPY SHAWARMA

BEEF OR CHICKEN
750 Cals



SIDE SNACKS

SERVED WITH YOUR CHOICE OF DIP



BUFFALO CHICKEN
240 Cals



FALAFEL BITES
190 Cals



PITA CHIPS
310 Cals



HALLOUMI STICKS
280 Cals

PITA TWISTS
350–450 Cals

Pepperoni & Mozzarella
Cheesy Garlic
Ham & Mozzarella



SMOOTHIES

MADE WITH LOW-FAT FROZEN YOGURT

SMALL • REGULAR • XL



MANGO STRAWBERRY 290–580 Cals
STRAWBERRY BANANA 290–580 Cals

BERRY BLISS 280–560 Cals

CHOCOLATE BANANA 300–600 Cals
SUNSET PARADISE 290–580 Cals

ADD WHEY PROTEIN | 100 CALS

DESSERTS

FROZEN YOGURT
140–480 Cals



TOPPINGS (2)
OR
FRUIT

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.